



NOVEMBER 2009

Swing for Your Community Golf Tournament

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HAPPY BIRTHDAY!

Denise Yoder
Shelly Smith
Jeffrey Jones
Angela Gauthier
Elizabeth Villicana
Donald Jordan
Kim Brooks
Craig Kirk
Suzy Mayes
Pat Wiggins
Karen Rhodes
Ernie Nebiolini
Mary Stanton
Mavis Barnard

Response 1 was proud to be a sponsor of the Mercy Methodist and Mercy Foundation's Swing for Your Community Golf Tournament this year! The Mercy Foundation's mission is to raise funds and community awareness for all of the Mercy ministries in the areas of healthcare, education, care for the poor, care for the elderly, and housing. The proceeds from the golf tournament went to support student athletes in achieving their potential by providing scholarships to those who demonstrate academic achievement and financial need.

Response1.com is Getting a Makeover!

Be sure to visit our new website soon! We will be posting more helpful links including this Newsletter and a frequently updated stream of our newest Hot Jobs! While you are there feel free to subscribe to our RSS feed, Facebook, and Twitter, and receive all the updates from us!

www.response1.com



In this month of Thanksgiving, Response 1 wants to say Thank You to all of our nurses and wonderful supporters!

Attention! Attention! All Health Care Workers! THIS IS NOT A TEST
This is an Important Notice about Common Misperceptions of the Flu

MYTH #1

You are not at risk for getting the flu because you're healthy, and as someone who works in a health care environment, you've been exposed to so many germs that you're immune to everything.

FACT

Health care workers can have an increased risk of exposure to the flu due to the nature of the job.

MYTH #2

You don't have any flu symptoms so you can't transmit the flu virus to your patients.

FACT

The flu is a contagious and potentially deadly infection. Even if you don't show symptoms of having the flu yet, the virus can still be transmitted to patients. Health care workers infected with the flu can transmit the virus to patients in their care, which is particularly troubling for the many patients at high-risk for flu-related complications that can lead to serious illness, and even death (mostly in adults 65 and older). Importantly, people who live with or care for persons at high-risk of complications should get vaccinated; vaccination can help caregivers stay healthy and avoid passing the infection to others. This group includes all health care workers.

MYTH #3

You work in a large facility and there are many staff members who don't get vaccinated against the flu. So, one flu vaccination won't make a difference.

FACT

You can demonstrate your leadership by getting vaccinated against the flu and show that quality of patient care is important to you. The CDC's Advisory Committee on Immunization Practices (ACIP) recommends an annual flu vaccination for a number of groups, including adults at high risk of complications from the flu and those persons who are in contact with them, including health care workers. In past years, flu infections have been documented in healthcare settings and health care workers have been implicated as the potential source of these infections. According to the CDC, annual flu vaccination is the most effective method for preventing the flu virus infection and its complications.

MYTH #4

The flu shot isn't safe.

FACT

The flu shot does not cause the flu. The flu shot contains inactivated viruses which cannot cause infection. Many people will feel soreness in their arm after getting a flu shot, but, in general, flu shots are well tolerated. Other symptoms can include: mild fever, muscle pain, and feelings of discomfort or weakness, but these are generally less common. However, serious adverse events, including allergic reactions, may occur.

MYTH #5

The flu vaccine doesn't work.

FACT

The ability of the flu vaccine to protect a person depends on the age and health status of the person getting the vaccine, and the similarity or "match" between the virus strains in the vaccine and those in circulation.

MYTH #6

Antibiotics can work just as well as the flu vaccine.

FACT

The flu is a viral infection and cannot be treated by antibiotics. Antibiotics are **not** a substitute for the flu vaccine. However, antibiotics may be useful in treating infectious complications of the flu.

MYTH #7

By January, it's too late to get the flu vaccine.

FACT

The beginning, severity and length of the flu season can vary widely from year to year. According to CDC data, the peak in flu activity between the years 1976 and 2008 frequently occurs after December, most commonly in February. In general, health care providers should begin offering vaccination soon after the vaccine becomes available and if possible by October.

Nurse of the Month



November's Nurse of the Month is Erline Jones!

“Hello, my name is Erline Jones; I have been traveling with Response 1 Medical Staffing since May 2008. Traveling with Response1 has been a great experience for me, which is important since I am away from home and family. Response1 treats you like family, the staff is hard-working, they respond quickly to your needs. I appreciate everything they have done to ensure a good working environment for me personally. I enjoy working with my recruiter, LaJuan, she is caring and does all she can to meet my needs. All in all my travel experience has been enjoyable; I truly am blessed to be a part of the Response1 Medical Staffing family, as they care about their employees.”

-Erline Jones

Thank you Erline for all of your hard work and dedication to R1MS.

We are blessed to work with you!



Pumpkin Chocolate Chip Loaf Cake

Ingredients:

- 1 3/4 cups unbleached all purpose flour
- 1 1/2 teaspoons pumpkin pie spice
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 3/4 teaspoon salt
- 1/2 cup (1 stick) unsalted butter, room temperature
- 1 1/4 cups sugar
- 3 large eggs
- 1 cup canned pure pumpkin
- 1 teaspoon vanilla extract
- 1/3 cup whole milk
- 3/4 cup miniature semisweet chocolate chips
- 3/4 cup chopped walnuts



**"IF THE ONLY PRAYER YOU SAID IN YOUR WHOLE LIFE WAS "THANK YOU", THAT WOULD SUFFICE."
-MEISTER ECKHART**

Preparation:

Preheat oven to 350°F. Butter and flour 9x5x2 1/2-inch metal loaf pan. Sift first 5 ingredients into medium bowl. Using electric mixer, beat butter in large bowl until smooth. Gradually beat in sugar, then beat in eggs 1 at a time. Beat in pumpkin and vanilla. Beat dry ingredients into pumpkin mixture alternately with milk. Stir in chocolate chips and nuts. Transfer batter to prepared pan.

Bake loaf cake until tester inserted into center comes out clean, about 55 minutes. Cool in pan on rack 15 minutes. Turn cake out onto rack; cool completely. (Can be made 2 days ahead. Wrap in plastic; store at room temperature.)

Makes 12 servings.



RESPONSE 1
MEDICAL STAFFING

Response 1 Medical Staffing has received the Joint Commission's Seal of Approval



NOVEMBER 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26 <u>Thanksgiving</u>	27	28
29	30					